Track: 2021-04-26 Monte Velino da Cartore — **Date: 26/04/2021**

Track: 2021-04-26 Monte Velino da Cartore	**IBP = 196 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	22.79 Km
Analyzed distance	22.79 Km
Lineal distance	0.01 Km

Accumulated climb	2057.68 m
Accumulated descent	2051.28 m
Maximum height	2492.1 m
Minimal height	956.4 m
Climb rate	18.18 %
Descent rate	19.07 %
Positive climb difference per km	90.29 m
Negative descent difference per km	90.01 m

Total time	8:49:23 h
Time in movement	7:34:27 h
Stopped time	1:14:56 h

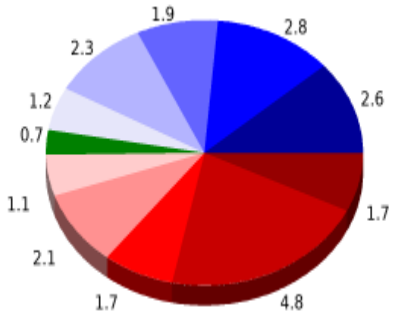
Total speed average	2.58 Km/h
Average speed in movement	3.01 Km/h
Maximum held speed	7.16 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1284 (cad. 17.75 m)
Significant points	579 (cad. 39.42 m / 45.09 %)
Aberrant points	62 (4.83 % d. total)

Direction changes per km	11.8
Direction changes >5º per km	8.73
Accumulated straight stretches	4.305 Km
Straight stretches per km	188.9 m
Penalizables slope changes	14
Penalizables slope changes per km	0.614

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Summary of slopes

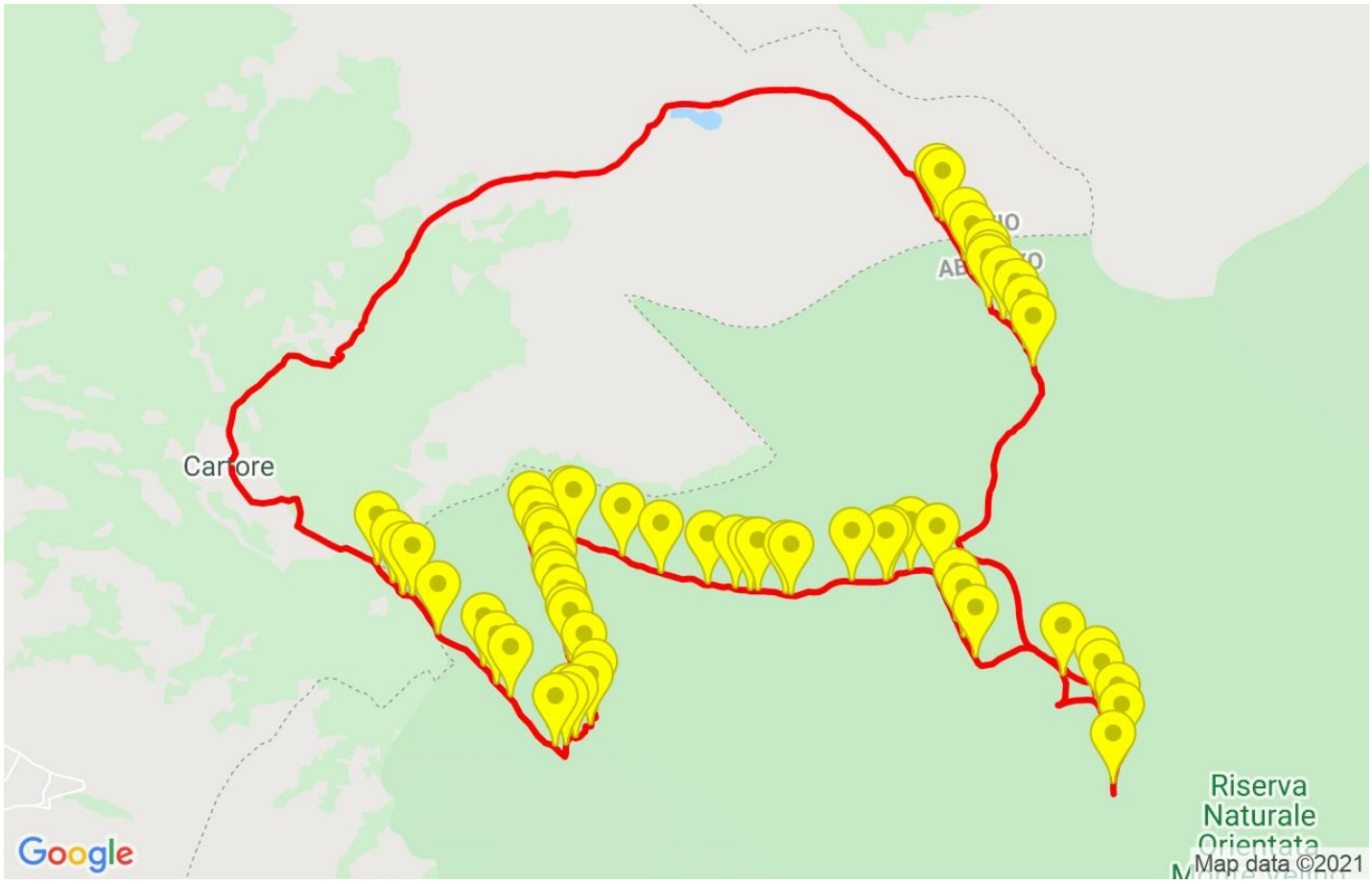


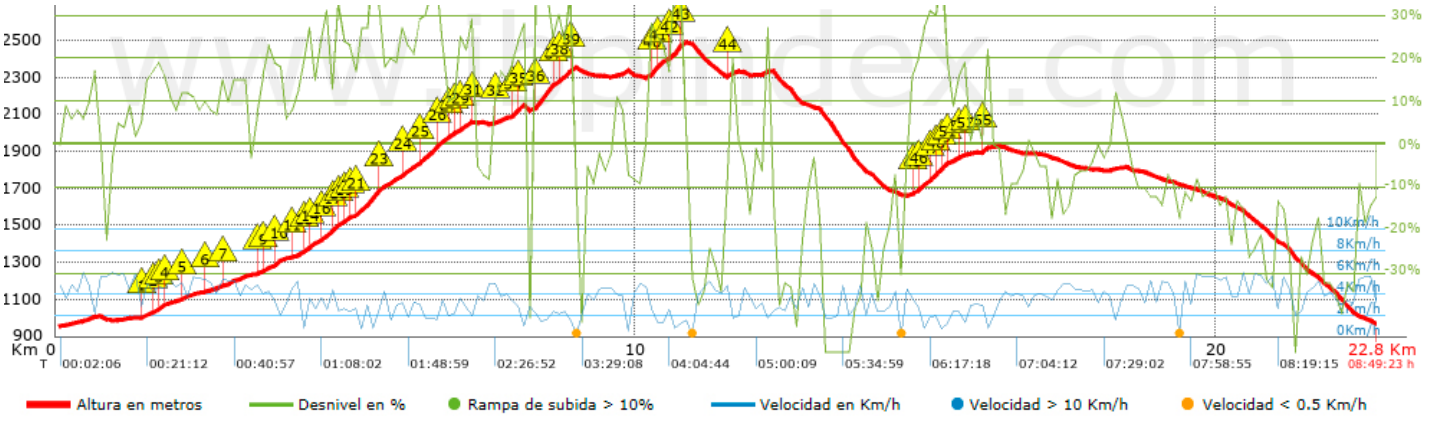
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.677	7.36	1.74	0:57:43
	Between 15 and 30%	4.765	20.91	2.3	2:04:12
	Between 10 and 15%	1.674	7.35	3.7	0:27:07
	Between 5 and 10%	2.068	9.07	3.51	0:35:18
	Between 1 and 5%	1.132	4.97	3.61	0:18:48
	Total :	11.316	49.66	2.58	4:23:08
	Plain				
	Difference of 1%	0.711	3.12	3.05	0:14:01
	Breakdown descents				
	Between 1 and 5%	1.212	5.32	4	0:18:10
	Between 5 and 10%	2.303	10.11	4.02	0:34:20
	Between 10 and 15%	1.894	8.31	4.18	0:27:13
	Between 15 and 30%	2.797	12.28	4.05	0:41:26
	Between 30% and 55%	2.552	11.2	2.73	0:56:09
	Total :	10.758	47.21	3.64	2:57:18
	Total track :	22.79	100 %	3.01	7:34:27

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
1	1.498	17 %	168 m
2	1.666	15 %	112 m
3	1.778	21 %	72 m
4	1.849	12 %	318 m
5	2.555	11 %	148 m
6	2.829	14 %	462 m
7	3.464	11 %	63 m
8	3.593	21 %	157 m
9	3.75	24 %	113 m
10	4.067	12 %	180 m
11	4.247	19 %	41 m
12	4.288	26 %	120 m
13	4.408	17 %	123 m
14	4.531	24 %	39 m
15	4.57	28 %	170 m
16	4.74	22 %	147 m
17	4.886	29 %	32 m
18	4.919	18 %	123 m
19	5.042	20 %	120 m
20	5.162	33 %	368 m
21	5.531	32 %	33 m
22	5.564	20 %	363 m
23	5.927	22 %	293 m
24	6.22	29 %	347 m
25	6.567	25 %	203 m
26	6.77	21 %	106 m

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27	6.877	16 %	47 m
28	6.923	23 %	196 m
29	7.119	29 %	34 m
30	7.154	19 %	37 m
31	7.593	13 %	231 m
32	7.823	18 %	32 m
33	7.855	27 %	158 m
34	8.013	26 %	71 m
35	8.232	37 %	357 m
36	8.589	25 %	120 m
37	8.709	30 %	159 m
38	8.868	34 %	70 m
39	10.207	29 %	200 m
40	10.407	23 %	167 m
41	10.575	36 %	223 m
42	10.798	32 %	31 m
43	11.611	19 %	134 m
44	14.738	18 %	134 m
45	14.872	28 %	144 m
46	15.016	23 %	125 m
47	15.141	40 %	146 m
48	15.287	35 %	33 m
49	15.32	15 %	68 m
50	15.388	13 %	161 m
51	15.549	20 %	112 m
52	15.66	17 %	33 m
53	15.963	13 %	42 m
54	16.005	23 %	116 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	4029.932	17.69	1:31:55	2.63	0:42:40	2:14:35	1.8
2000	2527.057	11.09	1:03:54	2.37		1:03:54	2.37
1750	5632.983	24.72	2:00:51	2.8	0:09:20	2:10:11	2.6
1500	3705.405	16.26	1:07:52	3.28	0:22:56	1:30:48	2.45
Total :	15.895 Km	69.76 %	5:44:32 h	2.77 Km/h	1:14:56 h	6:59:28 h	2.27 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
5.162	0:03:48	1552	1:20:39	1:20:39	5.162
8.938	0:14:37 > 10´	2354	3:13:04	1:52:25	3.776
9.829	0:04:14	2337	3:42:17	0:29:13	0.89
10.612	0:03:04	2408	4:05:51	0:23:34	0.783
10.859	0:20:45 > 10´	2488	4:18:01	0:12:10	0.247
14.5	0:10:17 > 10´	1679	5:53:40	1:35:39	3.641
14.872	0:02:19	1687	6:10:22	0:16:42	0.372
15.187	0:06:00	1771	6:21:25	0:11:03	0.315
16.041	0:03:20	1908	6:50:59	0:29:34	0.854
19.285	0:06:32	1733	7:49:02	0:58:03	3.244
Total :	1:14:56 h				

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